



Pro Food is an innovative restaurant concept which values a healthy and protein-rich nutrition. For everyone who wants to eat healthier without relinquishing taste. Rich of vitamins, proteins and important nutrients as well as good oils.

Qube Businesslunch

06.10.2025 to 10.10.2025

Monday to Friday, from 12:00 Uhr to 14:30 Uhr

Starters

Bread, olive oil, sea salt flakes	20g protein	1,9
Small mixed salad	10g proteins	5,9
Soup of potato & leek	5g Protein	6,9

Hauptgang

Pasta with pumpkin, dried tomatoes and walnuts	14g protein	9,9
... Parmesan extra		1,5
Large mixed salad	20g Protein	9,9
... with turkey stripes or tomato mozzarella	zzgl.	3,9
...with goat cheese & thyme honey	zzgl.	8,9
...with stripes of beef or prawns	zzgl.	8,9
Pork fillet with vegetables	41g protein	12,9
& mashed sweet potatoes		
Sea bream fillet on vegetable couscous	36g protein	14,9
with paprika letcho		

Dessert

Cake according to today's suggestion	4,5
whipped cream	1,5

For our businesslunch we server

Softdrinks, fruit juices & water 0,2l	2,5
Softdrinks, fruit juices & water 0,4l	3,5
Hot beverages	2,5
Trade Island Premium Iced Tea	4,9

Every Thursday: Tatarday at Qube

180 g beeftatar	40g Protein	17,9
mustard sauce, chili, capers & toasted bread		

Qube Lunch

Monday to Saturday, from 12:00 to 17:00

Starters / soup

Small loaf of bread warm & crispy 25g protein 8,9
dip of skyr & bellpepper, olive oil, maldon sea salt flakes

Vegan Thai Asia Sticks 25g Protein 11,5
crispy turnover, filled with vegetable curry & sweet chili dip

Tom Yam Gung with prawns 25g Protein 12,9
mushrooms, tomatoes, herbs, chili & cilantro

Qube-aperitif 25g Protein 12,9
manchego cheese, serrano bacon & kalamata olives

Grilled prawns 45g Protein 18,9
purree of bellpepper, rocket, walnut & pomegranate

Mains

Fitness Bowl 110g Protein 17,9
turkey breast, wild rice, baby spinach, broccoli, egg, carrot, corn
edamame, cherry tomato, cucumber, roasted almond, pomegranate dressing
skyr-lime dip & avocado cream
If you wish also in vegan or with fillet of bream instead of turkey breast

Strammer Max, vegetarian 15g Protein 10,9
Toasted farmer's bread, mushrooms, cheese, fried egg & tomatosalad

Strammer Max 30g Protein 12,9
Toasted farmer's bread, ham, fried egg & tomatosalad

Savoury Chickpea-curry 75g protein 16,9
with edamame, colourful vegetables, cilantro, chili & wild rice
...with grilled fillet of turkey breast 110g Protein zzgl. 6,9

Pasta „Cacio e Pepe“ 25g Protein 18,9
Pecorino Romano, black pepper
...with grilled stripes of beef 60g Protein zzgl. 8,9

Wiener Schnitzel (saddle of veal) 50g Protein 32,9
baked golden, lemon, cranberries, salad of potato & cucumber
or styrian style, breaded in shredded pumpkin seeds 80g Protein

Short fried tune steak 90g Protein 36,9
with sesame & soba noodle salad

Grilled Entrecôte, 250g 95g Protein 38,6
rosemary potatoes, kenya bacon beans & creamed pepper sauce

Desserts

Vanilla flavoured chia pudding 40g Protein 9,9
with skyr topping & ragout of berries

Chocolate truffle 15g Protein 12,9
ragout of berries & clementine sorbet