

Pro Food is an innovative restaurant concept that emphasizes a healthy and protein-rich diet. For everyone who wants to eat more consciously without sacrificing taste. High protein, rich in vitamins, and with important nutrients as well as high quality oils.

## Business lunch

- 22.12.2025 & 23.12.2025 -

Monday & tuesday, 12:00 am - 2:30 pm

## Soups & starters

4,5
5,9
9,9
9,9
9,9
13,9
14,9
23,9
5,9
2,5
3,5
2,5
5,0



## Lunch menu

Monday & tuesday, 12:00 am - 2:30 pm

## Soups & starters

Lentils curry with papadam 40g protein	12,9
"Strammer Max" on pinsa bread, herbs dip & cheese 25g protein	12,9
Freshly baked pinsa with tomatoes & buffalo mozzarella 20g protein	15,9
Marinated beef tartare with detox salad 30g protein	16,9
Main courses	
Lunch Bowl 55g protein avocado, edamame, carrot, tomato, lentils, cucumber, paprika, corn, skyr dressing	16,9
Large green salad with vegetables & balsamic dressing 5g protein	14,9
with grilled goat cheese 25g protein	17,9
with fried variation of fish 30g protein	17,9
with crispy poulard breast 25g protein	19,9
with argentine red prawns 3 pieces 25g protein	19,9
Corn fed chicken breast, beans, wild rice & reita 70g protein	27,9
"Wiener Schnitzel" with potato beans salad & lingonberry 50g protein	28,9
Desserts	
Duo of sorbet with fruit salad 5g protein	7,9
Quinoa coconut skyr pudding with crunch 20g protein	9,9

If you have any allergies do not hesitate to ask our service