



Pro Food is an innovative restaurant concept that emphasizes a healthy and protein-rich diet. For everyone who wants to eat , more consciously without sacrificing taste. High protein, rich in vitamins, and with important nutrients as well as high quality oils.

## Qube lunch

27.04.2026 - 30.04.2026

Monday - thursday from 12:00 noon to 14:30 pm

### Starters

Small mixed salad <i>5g protein</i>	4,5
Wild garlic soup <i>5 g protein</i>	6,9

### Mains

Pasta with ham in cream sauce, peas & parmesan cheese <i>35g protein</i>	9,9
Large salad with baked sweet potato wedges <i>10g protein</i>	9,9
Potato goulash with rice <i>20 g protein</i>	9,9
Chicken "schnitzel" with potato cucumber salad & lemon <i>45g protein</i>	13,9
Rosefish with vegetables, pasta & tomato sugo <i>45g protein</i>	14,9
Stripes of beef in pepper cream sauce with sweet potato wedges <i>40g protein</i>	23,9

### Dessert

Panna cotta with fruit puree <i>10g protein</i>	5,9
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### For our lunch we serve

Softdrinks, fruit juices & water 0,2l	2,5
Softdrinks, fruit juices & water 0,4l	3,5
Hot drinks	2,5
Qube Happy Spritz Hour	5,0

## Qube lunch

Monday to Saturday, from 12:00 to 17:00

### Starters

Lentils curry with papadam <i>40g protein</i>	12,9
"Strammer Max" pinsabread herbsdip & cheese <i>25g protein</i>	12,9
Pinsa with tomato sauce & bufalo mozzarella <i>20g protein</i>	15,9
Beef tartare with detox salad <i>30g protein</i>	16,9

### Mains

Lunch bowl <i>55g protein</i>	16,9
avocado, edamame, carr avocado, edamame, carrot, tomato, lentils, cucumber, paprika, corn, skyr dressi paprika, corn, skyr dressing	
Large green salad with vegetables & balsamic dressing <i>5g protein</i>	14,9
with grilled goat cheese <i>25g protein</i>	17,9
with fried variation of fish <i>30g protein</i>	17,9
with crispy poulard breast <i>25g protein</i>	19,9
with argentine red prawns 3 pieces <i>25g protein</i>	19,9
Corn fed chicken breast, beans, wild rice & reita <i>70g protein</i>	27,9
"Wiener Schnitzel" with potato beans salad & lingonberry <i>50g protein</i>	28,9

### Desserts

Duo of sorbet with fruit salad <i>5g protein</i>	7,9
Quinoa coconut skyr pudding with crunch <i>20g protein</i>	9,9