



**Pro Food** is an innovative restaurant concept which values a healthy and protein-rich nutrition. For everyone who wants to eat healthier without relinquishing taste. Rich of vitamins, proteins and important nutrients as well as good oils.

## Qube Lunch

13.04.2026 - 17.04.2026

Tuesday to Saturday from 12:00 pm to 2:30 pm

### Starters

Bread, olive oil, sea salt flakes	20g protein	1,9
Small mixed salad	10g proteins	5,9
Cream of asparagus soup	9g protein	6,9

### Mains

Pasta with pesto of ramsons	20g protein	9,9
... Parmesan extra		1,5
Large mixed salad	20g protein	9,9
... with turkey stripes or tomato mozzarella	add.	3,9
...with goat cheese & thyme honey	add.	8,9
...with stripes of beef or prawns	add.	8,9
Salad or asparagus with rocket, tomato & goat cheese	25g protein	9,9
Chicken drumstick with vegetables & potato	40g protein	13,9
Salad of lentils with grilled fillet of bream	45g protein	14,9

### Dessert

Cake according to today's suggestion	4,5
whipped cream	1,5

### For our businesslunch we server

Softdrinks, fruit juices & water	0,2l	2,5
Softdrinks, fruit juices & water	0,4l	3,5
Hot beverages		2,5

### Our qube classic is back

Qube Clubsandwich	25g Protein	14,9
Toast, chicken, bacon, tomato, lettuce & dip		
...with french fries		17,9

### Every Thursday

180 g beef tartare		
mustard sauce, chili, capers & toast		17,9

## Qube Lunch

Monday to Saturday, from 12:00 to 17:00

### Starters

- Small loaf of bread warm & crispy** 25g protein 8,9  
Warm sourdough loaf, paprika skyr, aioli, olive oil & Maldon salt
- Qube Aperitivo - 25g Protein** 11,5  
Manchego, Serrano ham, Kalamata olives & aioli, served with bread
- Grilled prawns** 45g Protein 18,9  
Red prawns, paprika purée, rocket, pomegranate, walnuts, chilli-lime glaze

### Suppe

- Tom Yam Gung** 25g Protein 13,9  
Red prawns, mushrooms, tomatoes, lemongrass, chilli, coriander

### Healthy

- Spicy Coconut chickpeas Curry (VEGAN)** 75g protein 16,9  
Chickpeas, edamame, Thai vegetables, wild rice, lime and coconut foam, coriander,
- Fitness Lunch Bowl | optional small or large** 70g Protein 13,9  
turkey breast, wild rice, baby spinach, broccoli, egg, carrot, corn  
edamame, cherry tomato, cucumber, roasted almond, pomegranate dressing  
skyr-lime dip & avocado cream  
If you wish also in vegan or with fillet of bream instead of turkey breast

### Pasta

- Lemon and ricotta linguine** 30g Protein 18,9  
Lemon ricotta cream, basil, pine nuts

### Classics & Grill

- Strammer Max, vegi | optionally with 2 or 3 eggs** 30g Protein 10,9  
Toasted farmer's bread, mushrooms, cheese, fried egg & tomatosalad
- Strammer Max | | optionally with 2 or 3 eggs** 40g Protein 12,9  
Toasted farmer's bread, ham, fried egg & tomatosalad
- Wiener Schnitzel (saddle of veal)** 50g Protein 32,9  
baked golden, lemon, cranberries, salad of potato & cucumber
- Short fried tuna steak** 90g Protein 36,9  
radish and cucumber salad, tomato confit, teriyaki
- Grilled Entrecôte, 250g** 95g Protein 38,6  
potato pockets, beans wrapped in bacon, gravy
- Dessert**
- Vanilla flavoured chia pudding** 40g Protein 9,9  
with skyr topping & ragout of berries
- White chocolate truffle** 36g Protein 12,9  
marinated wild berries, lemon and basil sorbet