



**Pro Food** is an innovative restaurant concept which values a healthy and protein-rich nutrition. For everyone who wants to eat healthier without relinquishing taste. Rich of vitamins, proteins and important nutrients as well as good oils.

## Qube Lunch

26.05.2026 - 30.05.2026

Tuesday to Saturday, 12:00 pm to 2:30 pm

### Starters

Bread, olive oil, sea salt flakes	20g protein	1,9
Small mixed salad	10g proteins	5,9
Creamed soup of asparagus	9g protein	6,9

### Mains

Pasta with asparagus, tomatoes and walnuts	23g protein	9,9
... Parmesan extra		1,5
Large mixed salad	20g protein	9,9
... with turkey stripes or tomato mozzarella		add. 3,9
...with goat cheese & thyme honey		add. 8,9
...with stripes of beef or prawns		add. 8,9
Bread dumplings with mushroom cream sauce	21g protein	9,9
Pulled pork with baked potatoes	36g protein	12,9
Grilled fish fillets, polenta & vegetables	38g protein	14,9

### Dessert

Cake according to today's suggestion	4,5
whipped cream	1,5

### For our businesslunch we serve

Softdrinks, fruit juices & water 0,2l	2,5
Softdrinks, fruit juices & water 0,4l	3,5
Hot beverages	2,5

### Our qube classic is back

Qube Clubsandwich	25g Protein	14,9
Toast, chicken, bacon, tomato, lettuce & dip		
...with french fries		17,9

### Every Thursday

180 g beef tartare		
mustard sauce, chili, capers & toast		17,9

## Qube Lunch

Monday to Saturday, from 12:00 to 17:00

### Starters

**Small loaf of bread warm & crispy** 25g protein 8,9  
Warm sourdough loaf, paprika skyr, aioli, olive oil & Maldon salt

**Qube Aperitivo - 25g Protein** 11,5  
Manchego, Serrano ham, Kalamata olives & aioli, served with bread

**Grilled prawns** 45g Protein 18,9  
Red prawns, paprika purée, rocket, pomegranate, walnuts, chilli-lime glaze

### Suppe

**Tom Yam Gung** 25g Protein 13,9  
Red prawns, mushrooms, tomatoes, lemongrass, chilli, coriander

### Healthy

**Spicy Coconut chickpeas Curry (VEGAN)** 75g protein 16,9  
Chickpeas, edamame, Thai vegetables, wild rice, lime and coconut foam, coriander,

**Fitness Lunch Bowl | optional small or large** 70g Protein 13,9  
turkey breast, wild rice, baby spinach, broccoli, egg, carrot, corn edamame, cherry tomato, cucumber, roasted almond, pomegranate dressing skyr-lime dip & avocado cream  
If you wish also in vegan or with fillet of bream instead of turkey breast

### Pasta

**Lemon and ricotta linguine** 30g Protein 18,9  
Lemon ricotta cream, basil, pine nuts

### Classics & Grill

**Strammer Max, vegi | optionally with 2 or 3 eggs** 30g Protein 10,9  
Toasted farmer's bread, mushrooms, cheese, fried egg & tomatosalad

**Strammer Max | | optionally with 2 or 3 eggs** 40g Protein 12,9  
Toasted farmer's bread, ham, fried egg & tomatosalad

**Wiener Schnitzel (saddle of veal)** 50g Protein 32,9  
baked golden, lemon, cranberries, salad of potato & cucumber

**Short fried tuna steak** 90g Protein 36,9  
radish and cucumber salad, tomato confit, teriyaki

**Grilled Entrecôte, 250g** 95g Protein 38,6  
potato pockets, beans wrapped in bacon, gravy

### Dessert

**Vanilla flavoured chia pudding** 40g Protein 9,9  
with skyr topping & ragout of berries

**White chocolate truffle** 36g Protein 12,9  
marinated wild berries, lemon and basil sorbet