



Pro Food is an innovative restaurant concept that emphasises healthy, protein-rich nutrition. For anyone who wants to eat more consciously without compromising on taste. Rich in protein and vitamins, with important nutrients and high-quality oils.

## Small moments of pleasure

### Qube Snack – 25g Protein

8,9

Warm sourdough loaf, paprika skyr, aioli, olive oil & Maldon salt

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### Qube Aperitivo – 25g Protein

13,9

Manchego, Serrano ham, Kalamata olives & aioli, served with bread

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### Beef Carpaccio – 65g Protein

17,9

Beef carpaccio, tomato and lentil salsa, rocket, Parmesan crumble, lemon oil

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### Grilled red prawns – 45g Protein

19,9

Red prawns, paprika purée, rocket, pomegranate, walnuts, chilli-lime glaze

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### Burrata Caprese – 35g Protein

16,9

Creamy burrata, colourful tomato carpaccio, basil, pine nuts, balsamic pearls

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### Qube Tapas to share – 100g Protein

42,9

Red prawns, vegetable sticks on wild herb salad, antipasti, olives, cheese, bread selection, paprika skyr & aioli

## Soups

### Roasted cauliflower soup (VEGAN) – 25g Protein

9,9

Cauliflower, coconut, spinach oil

★ Prawn topping +9.9

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### Tom Yum Gung – 25g Protein

13,9

Red prawns, mushrooms, tomatoes, lemongrass, chilli, coriander

## Healthy Options

### Leaves & herbs Starter 8.9 | Main course 13.9

Wild herbs, raw vegetables, pomegranate, nut mix, citrus-pomegranate vinaigrette

#### Proteins in leaves & herbs:

- ★ Falafel +5,9 (40g Protein)
  - ★ Goat's cheese & thyme honey +6,9 (40g Protein)
  - ★ Tender strips of beef +8,9 (60g Protein)
  - ★ 3 red prawns +9,9 (50g Protein)
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### Falafel Bowl (VEGAN) – 70g Protein

19,9

Falafel, wild rice, roasted peppers, baby spinach, cucumber, pomegranate, avocado, rocket, wakame, orange and lime dressing & avocado cream

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### Fitness Bowl – 110g Protein

20,9

Grilled turkey breast, wild rice, baby spinach, broccoli, mango, edamame, egg, carrot, corn, cherry tomatoes, mixed nuts, orange and lime dressing, and paprika skyr.

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### Fish Bowl – 105g Protein

21,9

Grilled sea bream, wild rice, avocado, wakame, cucumber, edamame, sesame seeds, orange and lime dressing, and paprika skyr

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## Pasta

### Lemon and ricotta linguine – 30g Protein ★

18,9

Lemon ricotta cream, basil, pine nuts

### Truffle mushroom linguine – 25g Protein ★

20,9

King oyster mushrooms & truffles

### Burrata-Pesto Linguine – 31g Protein ★

21,9

Basil pesto, cherry tomatoes, lemon zest

★ prepared at the table in the whole Parmesan wheel +4,5

★ with tender strips of beef on request +8,9

## **Qube Signatures – Grill & Classics**

### **Spicy Coconut chickpeas Curry (VEGAN) – 75g Protein**

17,9

Chickpeas, edamame, thai vegetables, wild rice, lime and coconut foam, coriander, bean sprouts, mint

★ turkey breast +8,9

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### **Citrus sea bream – 80g Protein**

33,9

Sea bream fillet, fennel and orange salad, dill potatoes, Dijon mustard espuma

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### **Grilled tuna steak – 90g Protein**

36,9

Sesame, radish and cucumber salad, tomato confit, teriyaki

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### **Viennese schnitzel made from veal loin – 50g Protein**

32,9

Potato and cucumber salad, lemon, cranberries

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### **Grilled entrecôte 250g – 95g Protein**

39,9

Potato pockets, beans wrapped in bacon, slow roasted tomatoes, gravy

## **Sweet ending**

### **Skyr cheesecake in a glass – 45g Protein**

9,9

Coconut crumble, berry compote, tonka bean vanilla ice cream

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### **White chocolate truffle – 38g Protein**

13,9

Marinated wild berries, lemon and basil sorbet

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### **Vanilla Chia – 35g Protein**

9,9

Vanilla chia pudding with skyr topping & berry ragout

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### **Qube cheese selection – 32g Protein**

14,9

Small cheese selection, walnuts, fig mustard & fruit bread