



Pro Food is an innovative restaurant concept that emphasizes a healthy and protein-rich diet. For everyone who wants to eat , more consciously without sacrificing taste. High protein, rich in vitamins, and with important nutrients as well as high quality oils.

## Qube lunch

10.08.2026 - 14.08.2026

Monday - friday from 12:00 noon to 14:30 pm

### Starters

Small mixed salad *5g protein* 4,5

Carrot curry soup *5 g protein* 6,9

### Mains

Spaghetti aglio e olio with parmesan cheese *20g protein* 9,9

Large salad with gratiné goat cheese *20g protein* 9,9

Cheese noodles with roasted onion & side salad *20 g protein* 9,9

Strips of pork fillet in cream sauce with "spätzle" *40g protein* 13,9

Grilled fillet of zander with spaghetti in tomato sauce *45g protein* 14,9

Beef ragout with "spätzle" & side salad *45g protein* 23,9

### Dessert

Pancakes with blueberry & vanilla ice cream *5g protein* 5,9

### For our lunch we serve

Softdrinks, fruit juices & water 0,2l 2,5

Softdrinks, fruit juices & water 0,4l 3,5

Hot drinks 2,5

Qube Happy Spritz Hour 5,0

## Qube lunch

Monday to Friday, from 12:00 to 17:00

### Starters

|                                                                       |      |
|-----------------------------------------------------------------------|------|
| Massaman curry with rice <i>40g protein</i>                           | 15,9 |
| Focaccia, tomatoes, bacon, fried egg, rucola salad <i>25g protein</i> | 13,9 |
| Focaccia pomodori with tomato & eggplant <i>20g protein</i>           | 13,9 |
| Beef tartare with rucola salad & parmesan cheese <i>30g protein</i>   | 16,9 |

### Mains

|                                                                                                               |           |
|---------------------------------------------------------------------------------------------------------------|-----------|
| Lunch bowl <i>55g protein</i>                                                                                 | 16,9      |
| avocado, edamame, humus, carrot, tomato, lentils, cucumber & paprika<br>skyr dressing or pomegranate dressing |           |
| with crispy pollo fino <i>25g protein</i>                                                                     | extra 4,0 |
| Large green salad with vegetables skyr or pomegranate dressing <i>5g protein</i>                              | 14,9      |
| with grilled goat cheese <i>25g protein</i>                                                                   | 17,9      |
| with fried variation of fish <i>30g protein</i>                                                               | 17,9      |
| with crispy pollo fino <i>25g protein</i>                                                                     | 19,9      |
| with argentine red prawns 3 pieces <i>25g protein</i>                                                         | 19,9      |
| Poulard breast, eggplant puree & braised tomatoes                                                             | 27,9      |
| "Wiener Schnitzel" with frensh fries <i>50g protein</i>                                                       | 28,9      |
| breaded with pumpkin seeds or classic, lingonberry & lemon                                                    |           |

### Desserts

|                                                                              |     |
|------------------------------------------------------------------------------|-----|
| Duo of sorbet with fruit salad <i>5g protein</i>                             | 7,9 |
| Rockslide brownie with orange blossom pistachio ice cream <i>20g protein</i> | 9,9 |