



Pro Food is an innovative restaurant concept that emphasizes a healthy and protein-rich diet. For everyone who wants to eat , more consciously without sacrificing taste. High protein, rich in vitamins, and with important nutrients as well as high quality oils.

Qube lunch

12.10.2026 - 16.10.2026

Monday - friday from 12:00 noon to 14:30 pm

Starters

Small mixed salad <i>5g protein</i>	4,5
Cauliflower soup <i>5 g protein</i>	6,9

Mains

Pasta with pumpkin, chestnut & mushrooms <i>15g protein</i>	9,9
Large salad with spring rolls <i>5g protein</i>	9,9
Bread dumplings in cream sauce with mushrooms <i>20 g protein</i>	9,9
Pork steak with mediterranean gnocchi <i>40g protein</i>	13,9
Fried rosefish with vegetables & rice <i>45g protein</i>	14,9
Grilled beef medallions with chips & dip <i>50g protein</i>	23,9

Dessert

"Cremino" with raspberry puree <i>5g protein</i>	5,9
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For our lunch we serve

Softdrinks, fruit juices & water 0,2l	2,5
Softdrinks, fruit juices & water 0,4l	3,5
Hot drinks	2,5
Qube Happy Spritz Hour	5,0

Qube lunch

Monday to Friday, from 12:00 to 17:00

Starters

Massaman curry with rice <i>40g protein</i>	15,9
Focaccia, tomatoes, bacon, fried egg, rucola salad <i>25g protein</i>	13,9
Focaccia pomodori with tomato & eggplant <i>20g protein</i>	13,9
Beef tartare with rucola salad & parmesan cheese <i>30g protein</i>	16,9

Mains

Lunch bowl <i>55g protein</i>	16,9
avocado, edamame, humus, carrot, tomato, lentils, cucumber & paprika skyr dressing or pomegranate dressing	
with crispy pollo fino <i>25g protein</i>	extra 4,0
Large green salad with vegetables skyr or pomegranate dressing <i>5g protein</i>	14,9
with grilled goat cheese <i>25g protein</i>	17,9
with fried variation of fish <i>30g protein</i>	17,9
with crispy pollo fino <i>25g protein</i>	19,9
with argentine red prawns 3 pieces <i>25g protein</i>	19,9
Poulard breast, eggplant puree & braised tomatoes	27,9
"Wiener Schnitzel" with frensh fries <i>50g protein</i>	28,9
breaded with pumpkin seeds or classic, lingonberry & lemon	

Desserts

Duo of sorbet with fruit salad <i>5g protein</i>	7,9
Rockslide brownie with orange blossom pistachio ice cream <i>20g protein</i>	9,9